

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast: Whole Wheat Bagels, Sunbutter, Sliced Apples, Milk/Water Lunch: Chicken Breast, Green Beans, Whole Wheat Bread, Peaches, Milk/Water Snack: Animal Crackers, Mandarin Oranges, Water	3 Breakfast: Waffles, Fresh Blueberries, Milk/Water Lunch: Cheese Quesadilla, Sweet Potatoes, Apricots, Milk/Water Snack: Cucumbers with Ranch, Saltine Crackers, Water	4 Breakfast: Yogurt, Fresh Strawberries, Cheerios/Granola, Milk/Water Lunch: Whole Grain Spaghetti with Meat Sauce, Salad/Mixed Veggies, Pears, Milk/Water Snack: Ritz Crackers, String Cheese, Water	5 Breakfast: Oatmeal, Peaches, Milk/Water Lunch: Hamburgers on Whole Wheat Bun, Corn, Mixed Fruit, Milk/Water Snack: Goldfish, Fresh Apples, Water	Polar Express Day 6 Breakfast: Cheerios, Fresh Bananas, Milk/ Water Breakfast for Lunch: Create a Snowman (Pancake, Scrambled Egg, Bacon and Fresh Blueberries), Milk/Water PM Snack: Create a Candy Cane (Fresh Mini Marshmallows and Strawberries), Graham Crackers, Water
9 Breakfast: Whole Grain English Muffins, Sunbutter, Sliced Apples, Milk/Water Lunch: Chicken Breast, Broccoli, Whole Wheat Bread, Peaches, Milk/Water Snack: Veggie Straws, Mandarin Oranges, Water	10 Breakfast: Waffles, Fresh Blueberries, Milk/Water Lunch: Beef Tacos, Corn, Apricots, Milk/Water Snack: Ritz Crackers, String Cheese, Water	11 Breakfast: Yogurt, Fresh Strawberries, Cheerios/Granola, Milk/Water Lunch: Grilled Cheese on Whole Wheat Bread, Bakes Beans, Pears, Milk/Water Snack: Cucumbers with Ranch, Saltine Crackers, Water	12 Breakfast: Pancakes, Peaches, Milk/Water Lunch: Meatballs, Whole Wheat Bread, Green Beans, Mixed Fruit, Milk/Water Snack: Graham Crackers, Fresh Apples, Water	13 Breakfast: Kix Cereal, Banana, Milk/Water Lunch: Fish Sticks, Salad/Peas, Peaches, Milk/Water Snack: Cream Cheese, Wheat thins/Ritz Crackers, Water
16 Breakfast: Whole Wheat Bagels, Sunbutter, Sliced Apples, Milk/Water Lunch: Chicken Breast, Green Beans, Whole Wheat Bread, Peaches, Milk/Water Snack: Animal Crackers, Mandarin,Oranges, Water	17 Breakfast: Waffles, Fresh Blueberries, Milk/Water Lunch: Cheese Quesadilla, Sweet Potato Chunks, Apricots, Milk/Water Snack: Cucumbers with Ranch, Saltine Crackers, Water	18 Breakfast: Yogurt, Fresh Strawberries, Cheerios/Granola, Milk/Water Lunch: Whole Grain Spaghetti with Meat Sauce, Salad/Mixed Veggies, Pears, Milk/Water Snack: Ritz Crackers, String Cheese, Water	19 Breakfast: Pancakes, Peaches, Milk/Water Lunch: Hamburgers on Whole Wheat Bun, Peas, Mixed Fruit, Milk/Water Snack: Goldfish, Fresh Apples, Water	20 Breakfast: Cheerios, Bananas, Milk/Water Lunch: Cheese Pizza on Flat Bread, Salad/Peas, Peaches, Milk/Water Snack: Avocado, Rice Cakes/Ritz Crackers, Water
23 Breakfast: Whole Grain English Muffins, Sunbutter, Sliced Apples, Milk/Water Lunch: Chicken Breast, Corn, Whole Wheat Bread, Peaches, Milk/Water Snack: Veggie Straws, Mandarin Oranges, Water			26 Breakfast: Pancakes, Peaches, Milk/Water Lunch: Meatballs, Whole Wheat Bread, Green Beans, Mixed Fruit, Milk/Water Snack: Graham Crackers, Fresh Apples, Water	27 Breakfast: Kix Cereal, Banana, Milk/Water Lunch: Fish Sticks, Salad/Peas, Peaches, Milk/Water Snack: Cream Cheese, Wheat thins/Ritz Crackers, Water
30 Breakfast: Whole Wheat Bagels, Sunbutter,Sliced Apples, Milk/Water Lunch: Chicken Breast, Peas & Carrots, Whole Wheat Bread, Peaches, Milk/Water Snack: Animal Crackers, Mandarin Oranges, Water	31 Breakfast: Waffles, Fresh Blueberries, Milk/Water Lunch: Beef Tacos, Corn, Apricots, Milk/Water Snack: Ritz Crackers, String Cheese, Water			

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice is 100% fruit juice. Children (age 12-24 months) are served whole milk. After 24 months, all children are served 1% milk. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination of the basis of race, color, national origin, sex, age, or disability.