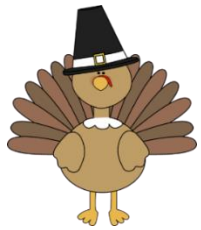




# November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Chicken Tenders, California Veggies, Whole Wheat Bread, Sliced Apples, Milk/Water <b>PM Snack:</b> Hummus, Flat Bread, Carrots Water
<b>4</b> <b>Breakfast:</b> Whole Wheat Bagels, Sunbutter, Sliced Apples, Milk/Water <b>Lunch:</b> Chicken Breast, Green Beans, Whole Wheat Bread, Peaches, Milk/Water <b>PM Snack:</b> Veggie Straws, Fresh Mandarins, Water	<b>5</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Chicken & Cheese Quesadillas, Black Beans, Corn, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>6</b> <b>Breakfast:</b> Yogurt, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Whole Grain Spaghetti with Meat Sauce, Salad/Mixed Vegetables, Pears, Milk/Water <b>PM Snack:</b> Fresh Zucchini, Ranch Dressing, Whole Grain Crackers, Water	<b>7</b> <b>Breakfast:</b> Pancakes, Sausage, Blueberries, Milk/Water <b>Lunch:</b> Cheese Pizza on Whole Grain English Muffin, Carrots, Sliced Apples, Milk/Water <b>PM Snack:</b> Graham Crackers, Fresh Apples, Water	<b>8</b> <b>Breakfast:</b> Cheerios, Banana, Milk/Water <b>Lunch:</b> Fish Sticks, Broccoli, Mixed Fruit, Milk/Water <b>PM Snack:</b> Avocado, Flat Bread, Water
<b>CLOSED</b> <b>Veterans</b> <b>Day!</b>	<b>11</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Beef Tacos, Sweet Potato Chunks, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>12</b> <b>Breakfast:</b> Yogurt, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Grilled Chicken, Rice Pilaf, Peas and Carrots, Whole Wheat Bread, Pears, Milk/Water <b>PM Snack:</b> Cucumbers, Ranch Dressing, Whole Grain Saltines, Water	<b>13</b> <b>Breakfast:</b> Oatmeal, Sliced Apples, Milk/Water <b>Lunch:</b> Meatballs, Green Beans, Whole Grain Bread, Mixed Fruit, Milk/Water <b>PM Snack:</b> Grapes, Wheat Thins, Water	<b>14</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Grilled Cheese Sandwich, Broccoli, Peaches, Milk/Water <b>PM Snack:</b> Hummus, Flat Bread, Carrots Water
<b>18</b> <b>Breakfast:</b> Whole Wheat Toast, Cream Cheese, Sliced Apples, Milk/Water <b>Lunch:</b> Chicken Breast, Broccoli, Whole Wheat Bread, Peaches, Milk/Water <b>PM Snack:</b> Veggie Straws, Fresh Mandarins, Water	<b>19</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Chicken & Cheese Quesadillas, Black Beans, Corn, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>20</b> <b>Breakfast:</b> Yogurt, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Whole Grain Spaghetti with Meat Sauce, Salad/Mixed Vegetables, Pears, Milk/Water <b>PM Snack:</b> Fresh Zucchini, Ranch Dressing, Whole Grain Crackers, Water	<b>21</b> <b>Breakfast:</b> Pancake, Eggs, Blueberries, Milk/Water <b>Lunch:</b> Hamburger, Baked Beans, Mixed Fruit, Milk/Water <b>PM Snack:</b> Graham Crackers, Fresh Apples, Water	<b>22</b> <b>Breakfast:</b> Cheerios, Banana, Milk/Water <b>Lunch:</b> Turkey, Green Beans, Cornbread, Mashed Potatoes, Sliced Apples, Milk/Water <b>PM Snack:</b> Whole Wheat Goldfish, Milk/Water  <u><b>Thanksgiving Classroom Feasts!!</b></u>
<b>25</b> <b>Breakfast:</b> Whole Wheat Toast, Sunbutter, Sliced Apples, Milk/Water <b>Lunch:</b> Chicken Breast, Green Beans, Whole Wheat Bread, Peaches, Milk/Water <b>PM Snack:</b> Veggie Straws, Fresh Mandarins, Water	<b>26</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Beef Tacos, Sweet Potato Chunks, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>27</b> <b>Breakfast:</b> Yogurt Parfait, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Grilled Chicken, Rice Pilaf, Peas and Carrots, Whole Wheat Bread, Pears, Milk/Water <b>PM Snack:</b> Cucumbers, Ranch Dressing, Whole Grain Saltines, Water	<b>Closed for</b> <b>Thanksgiving!</b>	<b>28</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Turkey Roll-up, Carrots, Apples/Apple Slices <b>Snack:</b> Graham Crackers, Milk/Water
<b>29</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Turkey Roll-up, Carrots, Apples/Apple Slices <b>Snack:</b> Graham Crackers, Milk/Water				<b>29</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Turkey Roll-up, Carrots, Apples/Apple Slices <b>Snack:</b> Graham Crackers, Milk/Water

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice is 100% fruit juice. Children (age 12-24 months) are served whole milk. After 24 months, all children are served 1% milk. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.