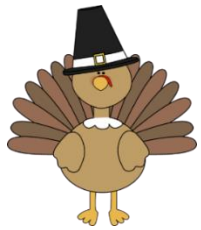




# November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Chicken Tenders, California Veggies, Whole Wheat Bread, Sliced Apples, Milk/Water <b>PM Snack:</b> Hummus, Flat Bread, Carrots Water
<b>4</b> <b>Breakfast:</b> Whole Wheat Bagels, Sunbutter, Sliced Apples, Milk/Water <b>Lunch:</b> Chicken Breast, Green Beans, Whole Wheat Bread, Peaches, Milk/Water <b>PM Snack:</b> Veggie Straws, Fresh Mandarins, Water	<b>5</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Chicken & Cheese Quesadillas, Black Beans, Corn, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>6</b> <b>Breakfast:</b> Yogurt, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Whole Grain Spaghetti with Meat Sauce, Salad/Mixed Vegetables, Pears, Milk/Water <b>PM Snack:</b> Fresh Zucchini, Ranch Dressing, Whole Grain Crackers, Water	<b>7</b> <b>Breakfast:</b> Pancakes, Sausage, Blueberries, Milk/Water <b>Lunch:</b> Fish Sticks, Broccoli, Mixed Fruit, Milk/Water <b>PM Snack:</b> Graham Crackers, Fresh Apples, Water	<b>8</b> <b>Breakfast:</b> Cheerios, Banana, Milk/Water <b>Lunch:</b> Cheese Pizza on Whole Grain English Muffin, Carrots, Sliced Apples, Milk/Water <b>PM Snack:</b> Avocado, Flat Bread, Water
<b>CLOSED</b> <b>Veterans</b> <b>Day!</b>	<b>11</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Beef Tacos, Sweet Potato Chunks, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>12</b> <b>Breakfast:</b> Yogurt, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Grilled Chicken, Rice Pilaf, Peas and Carrots, Whole Wheat Bread, Pears, Milk/Water <b>PM Snack:</b> Cucumbers, Ranch Dressing, Whole Grain Saltines, Water	<b>13</b> <b>Breakfast:</b> Oatmeal, Sliced Apples, Milk/Water <b>Lunch:</b> Meatballs, Green Beans, Whole Grain Bread, Mixed Fruit, Milk/Water <b>PM Snack:</b> Grapes, Wheat Thins, Water	<b>14</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Grilled Cheese Sandwich, Broccoli, Peaches, Milk/Water <b>PM Snack:</b> Hummus, Flat Bread, Carrots Water
<b>18</b> <b>Breakfast:</b> Whole Wheat Toast, Cream Cheese, Sliced Apples, Milk/Water <b>Lunch:</b> Chicken Breast, Broccoli, Whole Wheat Bread, Peaches, Milk/Water <b>PM Snack:</b> Veggie Straws, Fresh Mandarins, Water	<b>19</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Chicken & Cheese Quesadillas, Black Beans, Corn, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>20</b> <b>Breakfast:</b> Yogurt, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Whole Grain Spaghetti with Meat Sauce, Salad/Mixed Vegetables, Pears, Milk/Water <b>PM Snack:</b> Fresh Zucchini, Ranch Dressing, Whole Grain Crackers, Water	<b>21</b> <b>Breakfast:</b> Pancake, Eggs, Blueberries, Milk/Water <b>Lunch:</b> Hamburger, Baked Beans, Mixed Fruit, Milk/Water <b>PM Snack:</b> Graham Crackers, Fresh Apples, Water	<b>22</b> <b>Breakfast:</b> Cheerios, Banana, Milk/Water <b>Lunch:</b> Turkey, Green Beans, Cornbread, Mashed Potatoes, Sliced Apples, Milk/Water <b>PM Snack:</b> Whole Wheat Goldfish, Milk/Water  <u><b>Thanksgiving Classroom Feasts!!</b></u>
<b>25</b> <b>Breakfast:</b> Whole Wheat Toast, Sunbutter, Sliced Apples, Milk/Water <b>Lunch:</b> Chicken Breast, Green Beans, Whole Wheat Bread, Peaches, Milk/Water <b>PM Snack:</b> Veggie Straws, Fresh Mandarins, Water	<b>26</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Beef Tacos, Sweet Potato Chunks, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>27</b> <b>Breakfast:</b> Yogurt Parfait, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Grilled Chicken, Rice Pilaf, Peas and Carrots, Whole Wheat Bread, Pears, Milk/Water <b>PM Snack:</b> Cucumbers, Ranch Dressing, Whole Grain Saltines, Water	<b>Closed for</b> <b>Thanksgiving!</b>	<b>28</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Turkey Roll-up, Carrots, Apples/Apple Slices <b>Snack:</b> Graham Crackers, Milk/Water
<b>29</b> <b>Breakfast:</b> Whole Wheat Toast, Sunbutter, Sliced Apples, Milk/Water <b>Lunch:</b> Chicken Breast, Green Beans, Whole Wheat Bread, Peaches, Milk/Water <b>PM Snack:</b> Veggie Straws, Fresh Mandarins, Water	<b>30</b> <b>Breakfast:</b> Waffles, Fresh Blueberries, Milk/Water <b>Lunch:</b> Chicken & Cheese Quesadillas, Black Beans, Corn, Apricots, Milk/Water <b>PM Snack:</b> Whole Grain Ritz Crackers, String Cheese, Water	<b>31</b> <b>Breakfast:</b> Yogurt, Fresh Strawberries, Cheerios, Milk/Water <b>Lunch:</b> Whole Grain Spaghetti with Meat Sauce, Salad/Mixed Vegetables, Pears, Milk/Water <b>PM Snack:</b> Fresh Zucchini, Ranch Dressing, Whole Grain Crackers, Water		<b>31</b> <b>Breakfast:</b> Kix Cereal, Banana, Milk/Water <b>Lunch:</b> Chicken Tenders, California Veggies, Whole Wheat Bread, Sliced Apples, Milk/Water <b>PM Snack:</b> Hummus, Flat Bread, Carrots Water

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice is 100% fruit juice. Children (age 12-24 months) are served whole milk. After 24 months, all children are served 1% milk. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.